

THREE BUSTLING CITIES/ FOUR THRIVING TOWNSHIPS

And a Wellspring of History, Culture, Industry and Innovation

Waterloo Region is located on the traditional territory of the Haudenosaunee, Anishnaabe and Neutral People. We acknowledge the enduring presence of the Indigenous people with whom we share this land today, their achievements and their contributions to our community.

Located in the heart of Southwest Ontario, Waterloo Region provides the perfect balance between new and old, rural and urban, nature and technology, classical and contemporary, tranquility and adventure.

Explore Waterloo Region can assist you with research, travel planning, image sourcing, interview contacts and more. If you are looking to visit Waterloo Region for your next story, get in touch with us! For more information and additional assistance, please contact:

The Region of Waterloo is comprised of 3 cities and 4 townships







North Dumfries

Wellesley

Township of Wilmot

Township of Woolwich

Waterloo Region Fun Facts:

- The **population** of Waterloo Region is 623,920 (2020).
- There's a castle in Wilmot Township!
 Castle Kilbride was built in the town of Baden in 1877, and is a National Historic Site
- Kitchener-Waterloo
 Oktoberfest is the largest
 Oktoberfest celebration in
 North America
- Kitchener was the first city in Canada to launch the Blue Box recycling program
- Waterloo is home to 3 internationally renowned think tanks: the Perimeter Institute for Theoretical Physics, the Centre for International Governance Innovation (CIGI), and the Institute for Quantum Computing (based at the University of Waterloo)
- The City of Cambridge was formed in 1973, when the communities of Galt, Hespeler, Preston and the settlement of Blair amalgamated
- The St. Jacobs Farmers' Market is Canada's largest year-round farmers' market

- Waterloo Region is where Ontario's Craft Beer craze got its start: the Brick Brewery (now Waterloo Brewing) was the province's first craft brewer, opening its doors in 1984
- Waterloo Region is home to one of Ontario's top-ranked mountain bike riding destinations, known as The Hydrocut Trails
- The West Montrose covered bridge in Woolwich Township is the last wooden covered bridge in Ontario and the oldest such bridge in Canada
- The Village of St. Jacobs is located in Woolwich Township. With its quaint village feel, unique shops and Mennonite heritage, St. Jacobs is a popular tourist destination.
- Waterloo Region is home to the largest population of Old Order Mennonites in Canada, particularly in the areas around St Jacobs and Elmira.
- Parts of the awardwinning "The Handmaid's Tale" series were filmed in Cambridge

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- With more than
 500 kilometres of on-road bike lanes and off-road shared-use trails, Waterloo Region is a popular cycling destination.
- The University of
 Waterloo is ranked within
 the top 150 universities in
 the world (QS World
 Rankings 2022) and the #1
 most innovative (Maclean's
 2022)
- The Elmira Maple Syrup Festival is the world's largest single-day maple syrup festival

Insta-Worthy Locations:

- Downtown Kitchener Art Walk
- Cambridge Mill Race
- West Montrose Covered Bridge
- The Old Post Office
- Village of St. Jacobs
- Huron Natural Area
- Snyder's Family Farm
- Waterloo Park
- Goudies Lane
- Doon Heritage Village
- #WiseOldOak